



UNIVERSITY OF
PROVIDENCE

CAMPUS MINISTRY

February 15, 2026
Sixth Sunday in Ordinary Time

The Holy Season of Lent Begins

The Season of Lent begins this Wednesday, February 18th with Ash Wednesday and ends with the beginning of the Sacred Triduum (Holy Thursday, Good Friday, Easter Vigil). We will offer Mass at Noon and a Liturgy of the Word Service at 6 pm. These times of prayer will be at Trinitas Chapel right here on campus. Anyone wishing to assist with the distribution of ashes please talk with Roy Lanham, our campus minister.

Campus Ministry
All are welcome. All belong.

Lenten Reminders

The Church requires all Catholics from ages 18-59 to *fast* on Ash Wednesday and Good Friday. As long as you are in good health, this means that you should only eat one full meal, plus two smaller meals that do not equal a full meal. Also, no eating between meals.



Catholics age 14 and older *do not eat meat* on Ash Wednesday and all Fridays during Lent, including Good Friday. This is why the cafeteria will not be offering meat on Ash Wednesday and the Fridays of Lent.

A word about fasting as a spiritual exercise. There is great wisdom in the Christian practice of fasting. It is primarily an action of the interior life. Fasting draws us nearer to God and opens our hearts to receive his many gifts. It helps to release us from our attachments to the things of this world. It allows us to let go of things that keep us from reaching our full potential. Fasting also serves as a reminder that everything in this world is passing and thus encourages us to consider life beyond death. As you embrace fasting, you'll notice that it can be applied to aspects of life beyond food. You can fast from TV, social media, cursing, gossip, or any other habit that doesn't feed your soul. Lent is cool that way.

SERVICE TIMES
WITH THE IMPOSITION OF ASHES

12:00 PM MASS

6:00 PM LITURGY OF THE WORD SERVICE

GET YOUR ASH IN MASS

Work of Mercy

Our Lenten Reflection guide, *The Work of Mercy* is filled with daily reflections and questions to ponder. This prayer resource is written by students, faculty, staff and trustees. You can pick up your *free* copy either at Trinitas Chapel or outside of the Campus Ministry Office in the Student Center. The reflections begin with Ash Wed.



Adoration
All are Welcome, All Belong

EVERY TUESDAY
4:30 PM - 5:30 PM • TRINITAS CHAPEL



A View from My Window

Clarence Jordan co-founded Koinonia Farm in Sumter County, Georgia in 1942. It was created as a community where everyone was seen as brothers and sisters, regardless of the color of their skin. You can imagine how the Ku Klux Klan responded (bullets, bombs, and intimidation). However, the community stayed faithful to the gospel.

On one occasion Clarence wanted his brother Bob, an attorney, to represent them in court. His brother said he could not because of the damage it could do him politically and what he aspired to do.

Clarence reminded him that they both came into the church on the same Sunday and accepted the Lord as their savior. His brother replied that he follows the Lord to the cross but will not get himself crucified. Clarence's response might seem harsh: "Then I don't believe you're a disciple. You're an admirer of Jesus, but not a disciple of his."

I believe the season of Lent is a good time for us to ask ourselves are we admirers of Jesus or disciples? Will we allow the gospel to challenge us and to lead us to conversion? Take these next few days to prepare how you will enter into this year's journey of conversion.

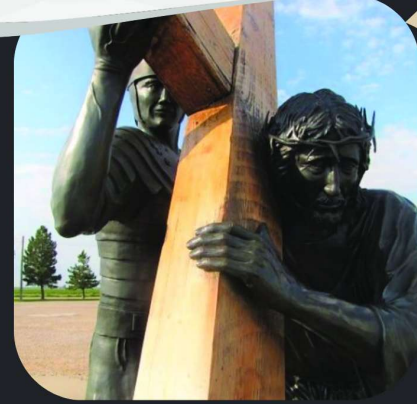
Peace, Roy



Welcome Sr. Beverly to U.P.

On Thursday, Sr. Beverly Dunn, SP started her tenure on our Board of Trustees. As part of her visit to campus she spent some time on Friday with our students and shared lunch at the Table of the King.

JOURNEY OF FAITH: THE WAY OF THE CROSS



Fridays @ 6:00 pm

Trinitas Chapel

Starts Friday, Feb. 20th

THURSDAY FEB. 19TH SOUP & SUBSTANCE



THEME: THE BEATITUDES
THE WAY OF JESUS

TRINITAS CHAPEL & LOUNGE
BEGINS @ 5:30 PM W/EVENING PRAYER