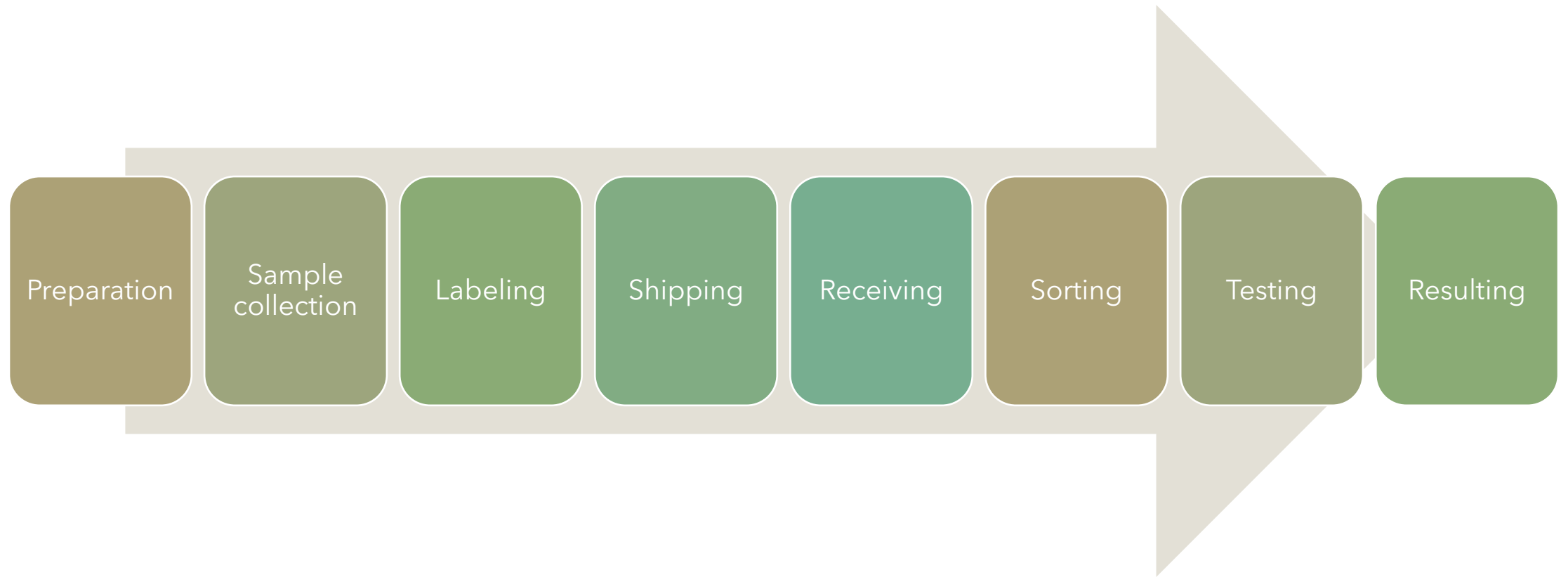


Cascade Collegiate Conference Covid Testing Simulation



The Testing Process



Preparation

- Sample packets will be sent to each team **tomorrow** via Fedex Overnight
- These include labels and microcentrifuge tubes
- Labels were printed based upon rosters submitted to CCC





Sample collection

- All athletes must submit their sample in the presence of the athletic trainer
- Instructions are included in each packet:
 1. Rinse mouth with water
 2. Wait 10 minutes (no food/drinks for 30 minutes prior)
 3. Spit into tube until half full
 4. Athletes may engage in workouts or other activities while waiting for collection
 5. ATC wear gloves
- Label the tube appropriately

Labeling

- Printed labels include a patient identifier (designated by Santiam Hospital), school, sport, the student's name and their date of birth.
- Each sample must be labeled with a **screening score** (according to the NAIA's COVID-19 response manual)



Screening Score

EXPOSURE	SCORE
Have you been in close contact unmasked with someone who has been diagnosed with Coronavirus within the last 14 days? (Close contact is < 6 feet for ≥15 minutes)	3
SYMPTOMS	
TEMPERATURE of 100.4° F or greater	3
REPEATED SHAKING OR CHILLS	3
NEW LOSS OF SMELL and/or TASTE	3
SHORTNESS OF BREATH (not associated with preexisting condition i.e. asthma)	3
COUGH (new or different than normal)	2
MUSCLE OR BODY ACHES	2
DIARRHEA / UPSET STOMACH / NAUSEA	1
SORE THROAT	1
HEADACHE	1
CONGESTION (not associated with preexisting condition i.e. allergies)	1
TOTAL SCORE	

Shipping



All samples should be returned via USPS Overnight



You must supply your own packaging



USPS has specific requirements on how to package your samples

USPS packaging requirements



Primary watertight receptacles



Absorbent materials



Secondary Watertight Receptacle

USPS packaging requirements

Primary Watertight Receptacles

Taped plastic canister



Taped glass or plastic jar



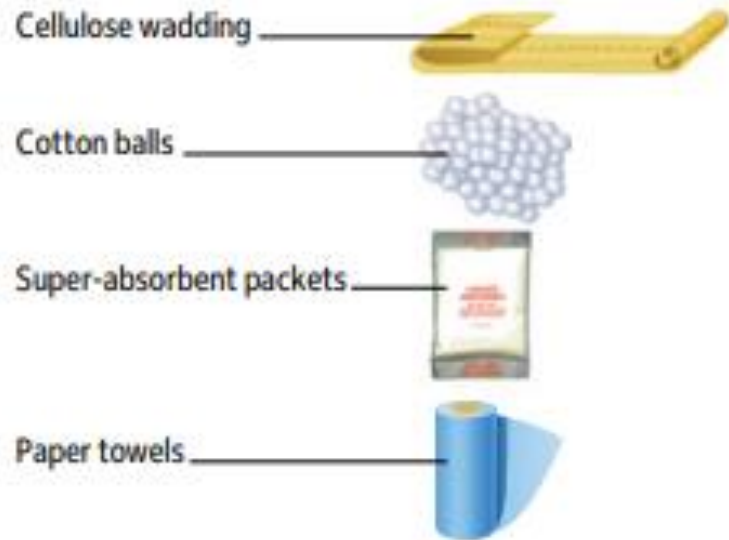
Taped glass or plastic vial



Primary watertight receptacles

USPS packaging requirements

Absorbent Materials



Primary watertight receptacles



Absorbent materials

USPS packaging requirements

Secondary Watertight Receptacles



Primary watertight receptacles

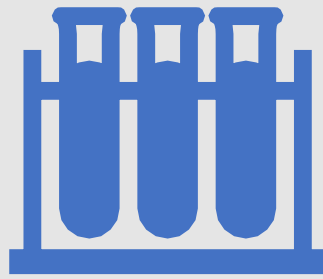


Absorbent materials



Secondary Watertight Receptacle

Receiving



Undergraduate
Biomedical Science
students from
Corban University
will be responsible
for receiving and
sorting all samples
for **Santiam Hospital**.

Sorting

- Samples with a 0 score will be pooled in groups of 5 - 10
- Any samples with a score of 1 or 2 will be separated out for individual testing
- It is recommended that anyone who scores 3 or above not be tested and follow on-campus COVID-19 testing protocols.

Testing

40 cycles = 1 trillion copies

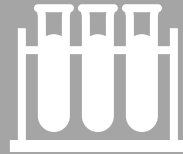
PCR Test



Resulting



Any pooled samples that test negative indicate all individuals in that pool are negative



Any pooled samples that test positive will be split out and retested



Results will be sent to Athletic Trainers via secure email



Questions