

# Bachelor of Arts in Health & Physical Education

2018-2019 Catalog



NAME \_\_\_\_\_

ADVISOR \_\_\_\_\_

**Students:** This planning sheet serves as your guide as you progress through your degree requirements at the University of Providence. It is your responsibility to keep clean, up-to-date planners. A copy of each planner must be submitted with your application for graduation and your application for teacher licensure.

<b>Required Courses</b>	<b>Cr.</b>	<b>Semester</b>	<b>Grade</b>	<b>Transfer/Comment</b>
BIO 103 Struc & Func of Human Body	4	_____	_____	_____
HPE 188 Personal Health	3	_____	_____	_____
HPE 210 History, Philosophy, & Soc of HPER	2	_____	_____	_____
HPE 215 Phys Educ, Rec, & Fitness Mngmnt	3	_____	_____	_____
HPE 230 Adapted Physical Education	2	_____	_____	_____
HPE 300 Strat in Health Enhancement	3	_____	_____	_____
HPE 305 Health Curriculum Planning	1	_____	_____	_____
HPE 312 Methods in Phys Educ & Sports	3	_____	_____	_____
HPE 315 Kinesiology & Biomechanics	3	_____	_____	_____
HPE 330 Assess and Testing	2	_____	_____	_____
HPE 405 Prevntn & Care of Athletic Injuries	3	_____	_____	_____
HPE 485 Physiology of Exercise	3	_____	_____	_____
<b>Approved Electives for Major</b>	<b>4</b>			
HPE 252 Montana Officials Association Officiating Certificate Courses (Max of 3)	1	_____	_____	_____
EXS 201 Safety, First Aid, & CPR	2	_____	_____	_____
EXS 202 Racquet & Individual Sports	2	_____	_____	_____
EXS 203 Team Sports	2	_____	_____	_____
EXS 260 Sports Psychology	3	_____	_____	_____
EXS 281-290 Coaching	1	_____	_____	_____
EXS 320 Exercise & Sports Nutrition	3	_____	_____	_____
EXS 340 Ethics, Law & Health/Fitness Prof	3	_____	_____	_____
EXS 350 Coaching Certification	2	_____	_____	_____
<b>Total Credits for Major</b>	<b>36</b>			

**A minimum of 40% or 15 credits of the major (whichever is greater) must be earned in residency at the University of Providence**

**120 total Credits are required for all Bachelor Degree Programs**