

# Exercise Science Minor

2018-2019 Catalog



NAME \_\_\_\_\_

ADVISOR \_\_\_\_\_

**Students:** This planning sheet serves as your guide as you progress through your degree requirements at the University of Providence. It is your responsibility to keep clean, up-to-date planners. A copy of each planner must be submitted with your application for graduation.

<b><i>Required Courses</i></b>	<b><i>Cr.</i></b>	<b><i>Semester</i></b>	<b><i>Grade</i></b>	<b><i>Transfer/Comment</i></b>
EXS 110 Intro to Exercise Science	3	_____	_____	_____
BIO 251 Anatomy & Physiology	4	_____	_____	_____
EXS 275 Exercise & Sports Nutrition	3	_____	_____	_____
EXS 305 Exercise Physiology	3	_____	_____	_____
EXS 411 Exercise Prescription I	3	_____	_____	_____
HPE 315 Kinesiology and Biomechanics	3	_____	_____	_____
Any EXS elective 200 + level	3	_____	_____	_____
<b><u>Total Credits for Minor</u></b>	<b><u>22</u></b>			

**A minimum of 40% or 15 credits of the major (whichever is greater) must be earned in residency at the University of Providence**